INTERDISCIPLINARY WORKSHOP
SUFFICIENCY STRATEGIES
& POST-GROWTH TRAJECTORIES

Rethinking our individual practices and collective organisation to remain within planetary boundaries
How to change our lifestyle to consume « less but better »?
How can business drive sufficiency? How to change our collective imaginaries?

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**PROGRAMME**

INTERDISCIPLINARY WORKSHOP

**SUFIFFICIENCY STRATEGIES & POST-GROWTH TRAJECTORIES**

2 FEBRUARY 2024 • 9AM - 4:30PM

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**8:30 - 9:00** Welcome at the faculty of Jean Monnet, Université Paris-Saclay (Sceaux)

**9:00 - 9:15** Opening address from the organising committee members

**9:15 - 10:45** Session 1. Transforming our consumption patterns towards sufficiency  
(Session Chair: Vincent Martinet, PSAE, INRAE)

- **9:15 - 9:45** The social challenges of the ecological transition, **Ivaylo Petev** (CREST, ENSAE)
- **9:45 - 10:15** Navigating rebound effects in the pursuit of 1.5°C lifestyle transitions, **Matthias Lehner** (International Institute for Industrial Environmental Economics - IIIEE, Lund University)
- **10:15 - 10:45** Food sufficiency, an approach rooted in the ethics of Epicurus, **Liselotte Hedegaard** (Department of Communication and Arts, Roskilde University) & **Valérie Hémar-Nicolas** (RITM, Université Paris-Saclay)

**10:45 - 11:15** Coffee break

**11:15 - 12:15** Session 2. Changing our norms and rules  
(Session Chair: Lydiane Nabec, RITM, Université Paris-Saclay)

- **11:15 - 11:45** Post-growth and ecological transition from a legal and political perspective, **Charles Vautrot-Schwarz** (IEDP, Observatoire du Green Deal, Université Paris-Saclay)
- **11:45 - 12:15** For a spirituality of sufficiency, **Philippe Jacquinot** (LITEM, Université d’Evry/Université Paris-Saclay), **Aurad Pelissier-Tanon** (PRISM-Sorbonne, Université Paris 1 Panthéon Sorbonne), & **Catherine Voynnet-Fourboul** (LARGEPA, Université Paris Panthéon Assas)

**12:15 - 13:45** Lunch break

**13:45 - 15:15** Session 3. Rethinking our collective organisation towards sufficiency  
(Session Chair: Natalia Zugravu-Solita, SOURCE, Université Versailles Saint-Quentin-en-Yvelines/Université Paris-Saclay)

- **13:45 - 14:15** The climate debate in the media and the risks of polarization, **Michael Brüggemann** (Universität Hamburg, The New Institute)
- **14:15 - 14:45** Research on sufficiency in business: current state of knowledge and further research needs, **Maike Gossen** (Technische Universität Berlin) & **Laura Niessen** (Maastricht Sustainability Institute, Maastricht University)
- **14:45 - 15:15** Aspirations and realities of sufficiency-oriented business models in french fashion SMEs, **Oksana Mont & Maëlle Soulis** (International Institute for Industrial Environmental Economics - IIIEE, Lund University)

**15:15 - 16:00** Roundtable: How to shift our paradigm to « less but better » ? What’s next for research?  
Moderator: **Cédric Gossart** (LITEM, Université d’Evry/Université Paris-Saclay)  
**Mélissa Boudes** (LITEM, Université d’Evry/Université Paris-Saclay)  
**Rémi Beulque** (CGS-i3, UMR 9217, Mines Paris - PSL, ISC Paris)

**16:00 - 16:30** Closing address from the organising committee members

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The workshop has been organised by THE GRADUATE SCHOOL OF ECONOMICS & MANAGEMENT, with the support of:

- **EUGLOH**
- **Maison des Sciences de l’Homme Paris-Saclay**

Organising committee: Cédric Gossart (LITEM, Université d’Evry/Université Paris-Saclay), Vincent Martinet (PSAE, INRAE), Valérie Nicolas-Hémar (RITM, Université Paris-Saclay)

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