

2 FEBRUARY 2024 • 9<sup>AM</sup> - 4:30<sup>PM</sup>

INTERDISCIPLINARY WORKSHOP  
**SUFFICIENCY STRATEGIES**  
& **POST-GROWTH TRAJECTORIES**

Rethinking our individual practices and collective organisation to remain within planetary boundaries

How to change our lifestyle to consume « less but better »?

How can business drive sufficiency? How to change our collective imaginaries?



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**FACULTÉ JEAN MONNET**  
**54 BD DESGRANGES**  
**92330 SCEAUX**  
**BÂT. G - SALLE G. VEDEL**

**MORE INFO & REGISTRATION:**  
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# PROGRAMME

## INTERDISCIPLINARY WORKSHOP

# SUFFICIENCY STRATEGIES & POST-GROWTH TRAJECTORIES

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8:30 - 9:00 Welcome at the faculty of Jean Monnet, Université Paris-Saclay (Sceaux)

9:00 - 9:15 Opening address from the organising committee members

### 9:15 - 10:45 **Session 1. Transforming our consumption patterns towards sufficiency** (Session Chair: Vincent Martinet, PSAE, INRAE)

9:15 - 9:45 The social challenges of the ecological transition, **Ivaylo Petev** (CREST, ENSAE)

9:45 - 10:15 Navigating rebound effects in the pursuit of 1.5°C lifestyle transitions,  
**Matthias Lehner** (International Institute for Industrial Environmental Economics - IIIEE, Lund University)

10:15 - 10:45 Food sufficiency, an approach rooted in the ethics of Epicurus,  
**Liselotte Hedegaard** (Department of Communication and Arts, Roskilde University)  
& **Valérie Hémar-Nicolas** (RITM, Université Paris-Saclay)

10:45 - 11:15 Coffee break

### 11:15 - 12:15 **Session 2. Changing our norms and rules** (Session Chair: Lydiane Nabec, RITM, Université Paris-Saclay)

11:15 - 11:45 Post-growth and ecological transition from a legal and political perspective,  
**Charles Vautrot-Schwarz** (IEDP, Observatoire du Green Deal, Université Paris-Saclay)

11:45 - 12:15 For a spirituality of sufficiency, **Philippe Jacquinet** (LITEM, Université d'Evry/Université Paris-Saclay),  
**Arnaud Pelissier-Tanon** (PRISM-Sorbonne, Université Paris 1 Panthéon Sorbonne),  
& **Catherine Voynet-Fourboul** (LARGEPA, Université Paris Panthéon Assas)

12:15 - 13:45 Lunch break

### 13:45 - 15:15 **Session 3. Rethinking our collective organisation towards sufficiency** (Session Chair: Natalia Zugravu-Soilita, SOURCE, Université Versailles Saint-Quentin-en-Yvelines/ Université Paris-Saclay)

13:45 - 14:15 The climate debate in the media and the risks of polarization,  
**Michael Brüggemann** (Universität Hamburg, The New Institute)

14:15 - 14:45 Research on sufficiency in business: current state of knowledge and further research needs,  
**Maïke Gossen** (Technische Universität Berlin)  
& **Laura Niessen** (Maastricht Sustainability Institute, Maastricht University)

14:45 - 15:15 Aspirations and realities of sufficiency-oriented business models in french fashion SMEs,  
**Oksana Mont & Maëlle Soulis** (International Institute for Industrial Environmental Economics - IIIEE, Lund University)

15:15 - 16:00 Roundtable: How to shift our paradigm to « less but better »? What's next for research?

Moderator: **Cédric Gossart** (LITEM, Université d'Evry/ Université Paris-Saclay)  
**Mélissa Boudes** (LITEM, Université d'Evry/Université Paris-Saclay)  
**Rémi Beulque** (CGS-i3, UMR 9217, Mines Paris - PSL, ISC Paris)

16:00 - 16:30 Closing address from the organising committee members

The workshop has been organised by THE GRADUATE SCHOOL OF ECONOMICS & MANAGEMENT,  
with the support of



Organising committee: Cédric Gossart (LITEM, Université d'Evry/Université Paris-Saclay), Vincent Martinet (PSAE, INRAE),  
Valérie Nicolas-Hémar (RITM, Université Paris-Saclay)

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