

Buddy Programme Charter

The mentor commits to:

- ✓ Exchanging by email with his or her mentee before their arrival in France
- ✓ Picking up his or her buddy at the station or airport and taking them to their accommodation (if possible)
- ✓ Helping in certain administrative procedures if they wish (opening a telephone line, a bank account...)
- ✓ Having some free time at the beginning of the semester
- ✓ Offering a listening ear, an empathic view and a climate of trust

The mentor does not commit to:

✓ Accommodating his or her buddy, doing the grocery or any other activity not initially stated in the above-mentioned commitments.

The mentee **commits to**:

✓ Seeking the help of his or her mentor as much as necessary but without excess and with the aim of obtaining advice or guidance, help or support.

Université Paris-Saclay undertakes to:

- ✓ Connect a mentor and a mentee to the greatest possible extent
- ✓ Take into account certain criteria such as field of study, hobbies and any other criteria that can facilitate contact between the two buddies
- ✓ Be available throughout the mentoring in case of questions from mentors or buddies
- ✓ Organise training sessions for the mentors
- ✓ Organise a welcome event for the Buddies

We certify that we have read and approved this Buddy Programme charter and undertake to comply with it.

The Mentor The Mentee