Université Paris-Saclay
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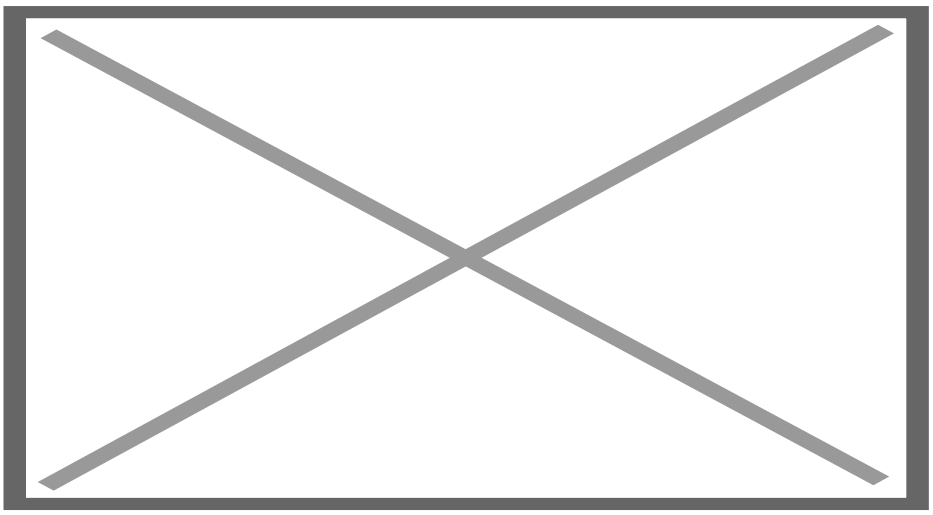
M2 Nutrition Santé

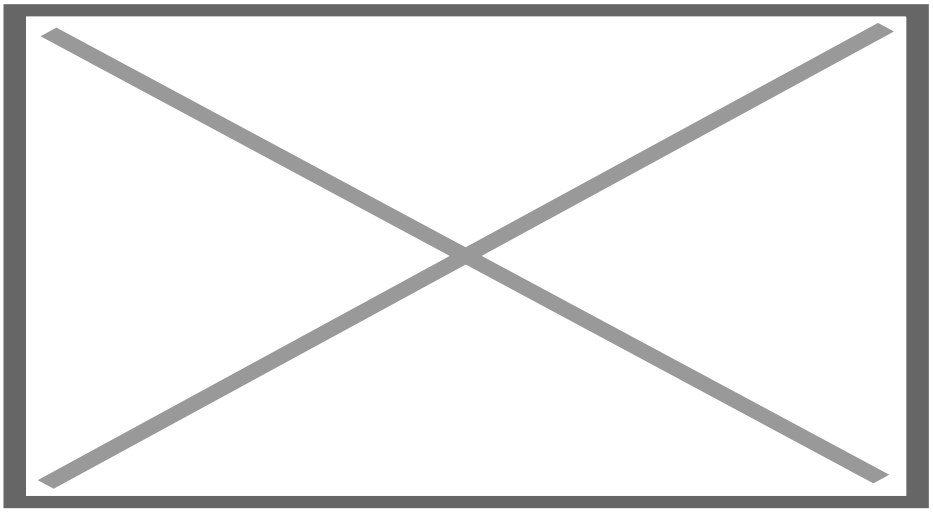
Master's degree
Specialisation Nutrition and Food Science
Enrolment type
Formation initiale
Formation en apprentissage
Formation continue
Language(s) of instruction
French

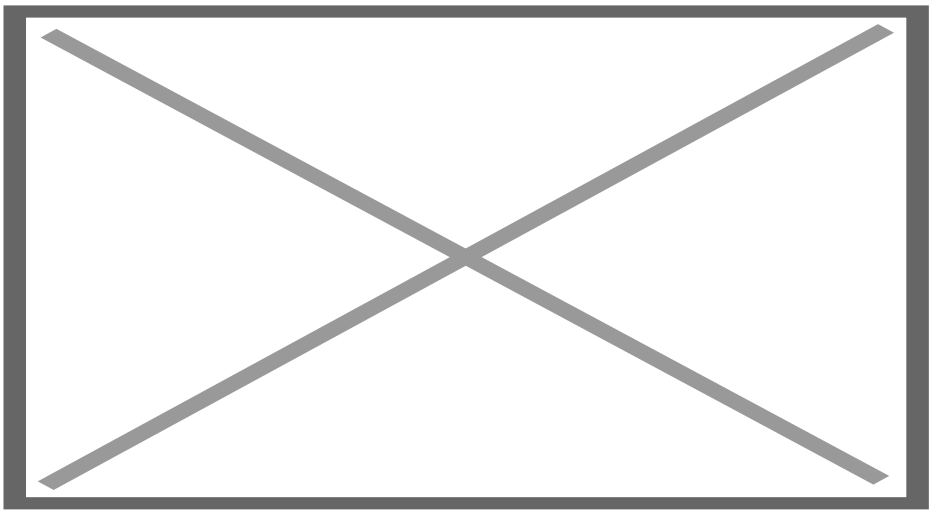
The Master's in Nutrition and Health allows students to understand and analyze the complex links between diet and health, providing the foundations of biological and methodological understanding in the field of nutrition and eating behavior.

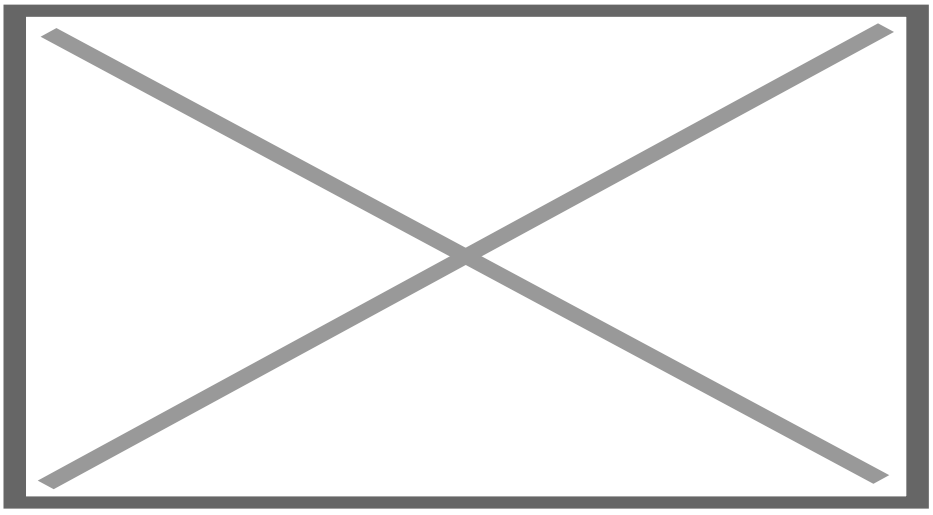
The training is made up of 8 teaching modules, a bibliographic dissertation and an internship or work-study periods for apprenticeship training.

Télécharger la fiche détaillée
Apply Now









Information

- Overview
- Application requirements
- Schedule

Présentation

Skills

*To acquire and apply fundamental and specialized knowledge in the fields of nutritional physiology and eating behavior

*To design and/or conduct a scientific approach to produce and analyze data

*To understand and integrate various issues (economic, societal, and environmental)

*To produce a scientific synthesis and communicate

*To act in a professional environment

Objectives

The objective of the "Nutrition and Health" program is to train students capable, both nationally and internationally, of:

* taking proactive action within academic institutions to develop research and teaching programs aimed at improving knowledge about the links between diet and human health.

* intervening in national and international institutions and agencies responsible for establishing nutritional recommendations and evaluating claim dossiers, and in government departments responsible for human nutrition issues.

* guiding companies in their strategic choices for developing health-promoting foods and/or in their food product formulation policies in line with public policies, and in communicating the nutritional balance of their products.

Débouchés

Career prospects

Nutritional consulting engineer
R&D Project Manager
Assistant Product Manager
Design engineer industry / public research
Research and Innovation Manager
Lecturer (after a PhD)

Head of mission / projects
Research Engineer
Healthcare project engineer
Scientific / public health project manager
Consultant

Further Study Opportunities

PhD
Specialised Master's
Further curricula in innovation management
Clinical Research associate or assistant course
2nd year Master’s

Calendar

Start of programme (indicative date)
06/09/2026
End of programme (indicative date)
31/08/2027
Admission

Admission Route

Life Sciences
Earth Sciences
Life and Earth Sciences
Health sciences

Capacity

Available Places

17

Target Audience and Entry Requirements

The training is aimed at individuals with:

* a solid background in biology (or nutrition/dietetics)

* a basic knowledge of statistics

*proficiency in scientific English (level B2)

Période(s) de candidature

Inception Platform

From 15/03/2026 to 15/06/2026

Supporting documents

Compulsory supporting documents

Motivation letter.

Letter of recommendation from a trainee.

All transcripts of the years / semesters validated since the high school diploma at the date of application.

Certificate of English level.

language level certificate B2 : IELTS score 5.5/6.5 ; TOEIC > 785 (C1>945) ; TOEFL IBT score 72/94 ; Cambridge FCE A or B grade ; or any equivalent official test.

Curriculum Vitae.

Additional supporting documents

Recomendation letter (compulsory for non-international applicants).

Recent recommendation letter of a relevant faculty professor

Certificate of French (compulsory for non-French speakers).

Level B2 : Non native french speakers, a knowledge certificate issued by the French Embassy or a French language center. Students holding a French diploma or a diploma instructed in French are exempt from that obligation.

VAP file (obligatory for all persons requesting a valuation of the assets to enter the diploma).

Document indicating the list of local M2 choices available here : https://urlz.fr/i3Lo.

Supporting documents :
- Residence permit stating the country of residence of the first country
- Or receipt of request stating the country of first asylum
- Or document from the UNHCR granting refugee status
- Or receipt of refugee status request delivered in France
- Or residence permit stating the refugee status delivered in France
- Or document stating subsidiary protection in France or abroad
- Or document stating temporary protection in France or abroad.

Programme

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Acquérir et mobiliser les savoir en nutrition humaine	0	3	22,5	7,5				
Concevoir et réaliser une démarche scientifique en nutrition pour produire et analyser des données	0	1	22,5	7,5				
Réaliser une synthèse scientifique et communiquer	0	2	22,5	7,5				
Comprendre et intégrer les différents enjeux (économiques, sociétaux et environnementaux)	0	2	22,5	7,5				
Agir en milieu professionnel	0	1	22,5	7,5				

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Agir en milieu professionnel	0	1	22,5	7,5				

Teaching Location(s)

PALAISEAU

Contact

- **Claire GAUDICHON**

  AgroParisTech

http://www.universite-paris-saclay.fr/formation/master/nutrition-et-sciences-des-aliments/m2-nutrition-sante